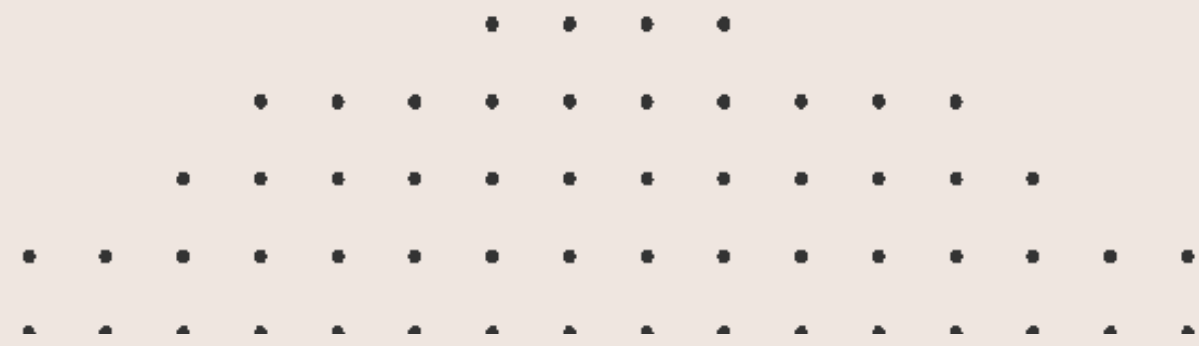




DRAMA PRACTITIONER STUDY

▶▶▶ Anne Bogart and Viewpoints





READ ABOUT ANNE
BOGART BY
CLICKING HERE



A female director and theatre theorist living and working today.

Developed Viewpoints of Time and Viewpoints of Space to help actors access creativity

From: USA

Created the SITI Company

@siti_company on Instagram

▶▶▶ [Watch this video of the SITI companies' work - click here](#)

▶▶▶ What do you like about the work? What do you not like?

▶▶▶ [Watch this video of Rachel talking about Viewpoints-click here](#)

▶▶▶ Make a list of the names of the Viewpoints. Do you have 9?



TO DO

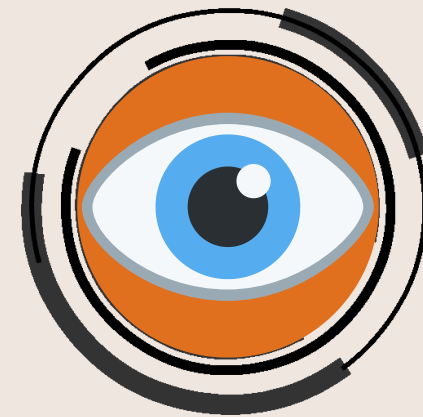
Exploring the Viewpoint of 'Tempo'



Move through a room in your house at different Tempos.



Create a rhythm by tapping your fingers, clapping, using something in your home



Open and close your eyes at different tempos. Use repetition



Put on/Take off an item of clothing very very slowly. Then as quickly as you can. Think of a line you might say in each context.



Breathe quickly, very quickly, normally and slowly - how does it make you feel?

Watch this video from the National Theatre in London. We have done these kinds of exercises in class -can you remember them?



- ✚ Does the change in tempo change the atmosphere?
- ✚ Can you think of something that is usually done at a specific pace (eg reading the news) and try doing it at a different pace? What happens?
- ✚ How does what they have done in the workshop translate on the stage. Is it effective?